



Lane Tech College Prep Volleyball PLAYER/Parent Contract

As a student athlete, I, _____ (printed full name), understand that volleyball is a team sport and that my obligations to my team include:

1. I will attend all scheduled practices and matches and will be on time. If I will be late to practice, I will email the coach DIRECTLY. I will not miss practice for tutoring; instead, I will attend early morning tutorials when necessary.
2. I understand that athletes will only be excused from practices or matches by the coaches. If I will be missing a match, I will inform my coach ASAP so that she/he can adjust the lineup. (Excuses are granted in VERY limited circumstances—usually in the event of illness, emergency, or previously approved conflict.)
3. I will report to the gym, with all my belongings and store away my cell phone in my bag. I understand that there are no cell phones on the bench or once I have reported to practice.
4. I understand that time management is my responsibility and that homework is not considered an appropriate excuse to miss a match or practice.
5. I will be courteous to my teammates and treat all players and coaches with respect at all times. I will be coachable, accept feedback, because I know it will help me become the best player I can be.
6. I understand that playing time will not be equal and that it is earned by hard work, performance, attitude, circumstance, ability and compatibility. During BENCH TIME I will maintain the same focus and enthusiasm as when in the game. I will keep my head in the game at every moment, and be ready to come in at any opportunity.
7. I will only post positive comments that support my teammates, Lane Tech Volleyball as well as my competitors on social media sites (such as Facebook, Twitter, etc.).
8. As a student athlete, I will be on my best behavior at all times. I understand that inappropriate language will not be tolerated. I will report any team concerns and player issues to my coach.
9. I will respect the referees. I will never question a call or respond in a disrespectful fashion. Any questions will come from the coaching staff only.
10. I understand that as a student athlete I am required to conduct myself as a leader, and I will represent my team and my teammates by adhering to all school and team rules. I will always refrain from alcohol or drug use. I will always adhere to school dress code and tardy policies. Any discipline referrals will result in punishment or dismissal from the team.
11. As a team player, I will always focus on effort, team and attitude, not wins and losses. I will win with humility and lose with dignity. I will celebrate every great play and brush off lost points.
12. I will make sure that I have fun and enjoy the game!

STUDENT ATHLETE _____

DATE _____



PARENT CONTRACT 2021

As a parent, I understand that my athlete may not play in every match. I understand that my role as a parent is to encourage and support my student athlete to be the best team player she can be regardless of her role on the team.

1. I will always model good sportsmanship by the way I treat all athletes, coaches, officials, administrators and other fans.
2. I will be a supportive parent and be positive about my daughter's playing experience. I will also support her teammates, coaches, and parents inside and outside the gym. I understand that only positive comments about a player, coach, or a competitor should be posted on public websites including Facebook and Twitter.
3. I will insist that my student athlete always demonstrate good sportsmanship and treat other athletes, coaches, officials, administrators, and fans with respect.
4. I will always refrain from coaching my student athlete immediately before, during, and immediately after matches.
5. I acknowledge that not every player will receive equal playing time and that those decisions will be made by the coaches without input from parents. I agree to allow my player to discuss playing time with her coach if she seeks to do so on her own.
6. I will encourage my daughter to resolve any issues on her own before I get involved. I understand this is part of her growth process. When I need to communicate concerns to the coaches, I understand that I should not do this during practices, and immediately before or after games.
7. I understand there is a "no contact for 24 hours" rule following competitive play. This rule states there will be no contact with coaches following a game or tournament after the triggering event. Cooler heads are inevitably more productive. Any concerns the parent may have will be addressed AFTER the 24-hour period following the game or tournament. At NO time will I attempt to discuss any issue with the coach around the players, spectators, or other parents.
8. I will have a basic understanding of the rules of high school volleyball.
9. I will support my daughter in the team's fundraising efforts. I understand that this is her responsibility, and I will follow up with her to be sure she is doing her part.
10. I understand that during home games, the home team is responsible for providing a score keeper, score flipper, libero tracker and the line judges. I will become familiar with these responsibilities and volunteer to help in the needed capacity.
11. I will support Lane Tech Volleyball Program by serving in various volunteer opportunities as much as possible and by making efforts to secure sponsorships that will support the needs of Lane Tech Volleyball.

PARENT _____ DATE _____